



2020 Flu Vaccines

What you need to know:

STANDARD FLU SHOT

- Protects against four flu strains (two A strains and two B strains)
- Inactivated (dead flu virus)
- Ages 6 months and up

FLUMIST (NASAL SPRAY) (Must Request) – Nasal spray option if available

- Protects against four flu strains (two A strains and two B strains)
- Weakened live flu virus
- Ages 2 – 49
- Preservative free

HIGH DOSE (Must Request) - *Ages 65 & older only*

- Protects against four flu strains (two A strains and two B strains)
- This option provides **four times the antigens** of a regular flu shot which helps to boost the immune response
- Developed specifically for older adults who are at greater risk of severe illness associated with influenza

Flu Strains covered for the 2020-2021 season:

- A/Guangdong-Maonan/SWL1536/2019 (H1N1)pdm09-like virus
- A/Hong Kong/2671/2019 (H3N2)-like virus
- B/Washington/02/2019 (B/Victoria lineage)-like virus
- B/Phuket/3073/2013 (B/Yamagata)-like virus

Notes:

- Hennepin Healthcare is able to bill any insurance provider. However, it is the responsibility of the participants to confirm their coverage with their provider.
- Please refer to your Clinic Confirmation for the vaccination options and quantities that have been requested for your clinic(s). If you have questions or changes, please connect with your Clinic Coordinator.
- FluMist or High Dose request must be specified on your Clinic Confirmation.